

## Assessing Suicidal Risk

Using the Scale below, rate each of the following situations:

1    2    3    4    5    6    7    8    9    10

not likely

perhaps

very likely

**SITUATION 1:**     **Patty** – Age 16 has two older sisters in college. One is in Law, the other in Pre-med. Her Mother works and her Father is an executive in a large company. As long as she keeps her grades up, her parents let her do most of what she wants. She seems to enjoy schoolwork because she spends so much time at it. She goes with friends every now and then, but is most often off to herself.

**RATING** \_\_\_\_\_

**SITUATION 2:** **Peter** – Age 18, is an honor student and on his way to college. He is active in school clubs and organizations. Problems at home have been common as in many families under stress. Three months ago he and his girlfriend broke up. Lately, he’s been having headaches and is daydreaming a lot. He has dated other girls but has not found anyone steady yet.

**RATING** \_\_\_\_\_

**SITUATION 3:** **Monika** – 15 years old, has many friends. Her parents divorced five months ago. It was hard on her. She never mentioned suicide even though she was moody and pulled away from her friends. That’s all done with now. Yesterday she came to school and happily gave away some of her CD’s and books to her friends just because she was “so happy now.”

**RATING** \_\_\_\_\_

**SITUATION 4:** **Rick** – Age 17 is not athletic. The other day some of his team members turned on him for losing their volleyball game in PE Class. He is struggling with schoolwork. He causes no one problems and is not into drinking and other drugs. He and his Mother have been arguing a lot lately. His Dad is on the road a lot. He does not want to go to college but has not told his parents yet because he knows they won’t like it.

**RATING** \_\_\_\_\_