



Tools, Tips and Treasures for MAEO

Double Tree Inn; Bay City, MI 2019

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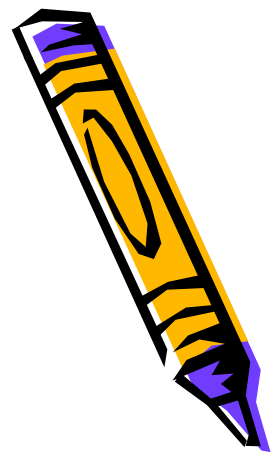
Getting Kids Moving In School



- Physical Challenges Distract Anger/Anxiety/Depression, etc.
- Brain Gym
- Go Noodle
- SPARK



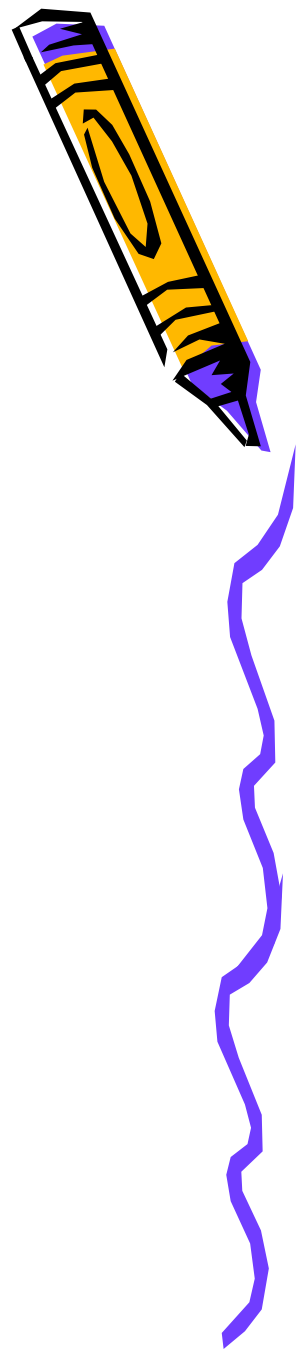
Be Ready to Step Up...



Edu-K for Kids

By: Paul Dennison Ph.D.

- Brain GYM, Go Noodle, etc.
- Educational Kinesiology
- Meaningful Connections



Unconventional Situations

require unconventional solutions



- Prepare unpredicted alternatives
 - Create a list, monitor what works and what doesn't
- Use time as your "Guide"
 - Timer, Sand Timer, Bubble Liquid, ... What else....? Brain Storm... Create More
- "Settled Moments"
 - Nothing can begin until the tantrum ends...



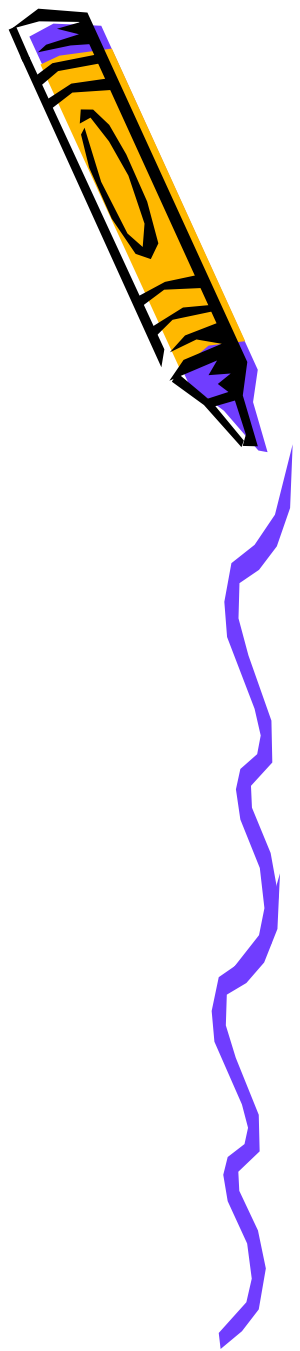
How to Become a High-Achieving School with Low-income Students



TOP 10 Brain-Based Teaching Strategies



Start Using Brain-Based Learning



NBC Firelight, Wheels, etc.



- Nichols Behavior Checklist
- Behavioral Intervention Wheels
- Academic Intervention Wheels
- RTI
- Much More



We must find different
ways of looking at the same
challenges



PBL Project

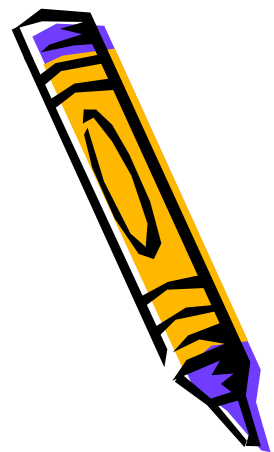
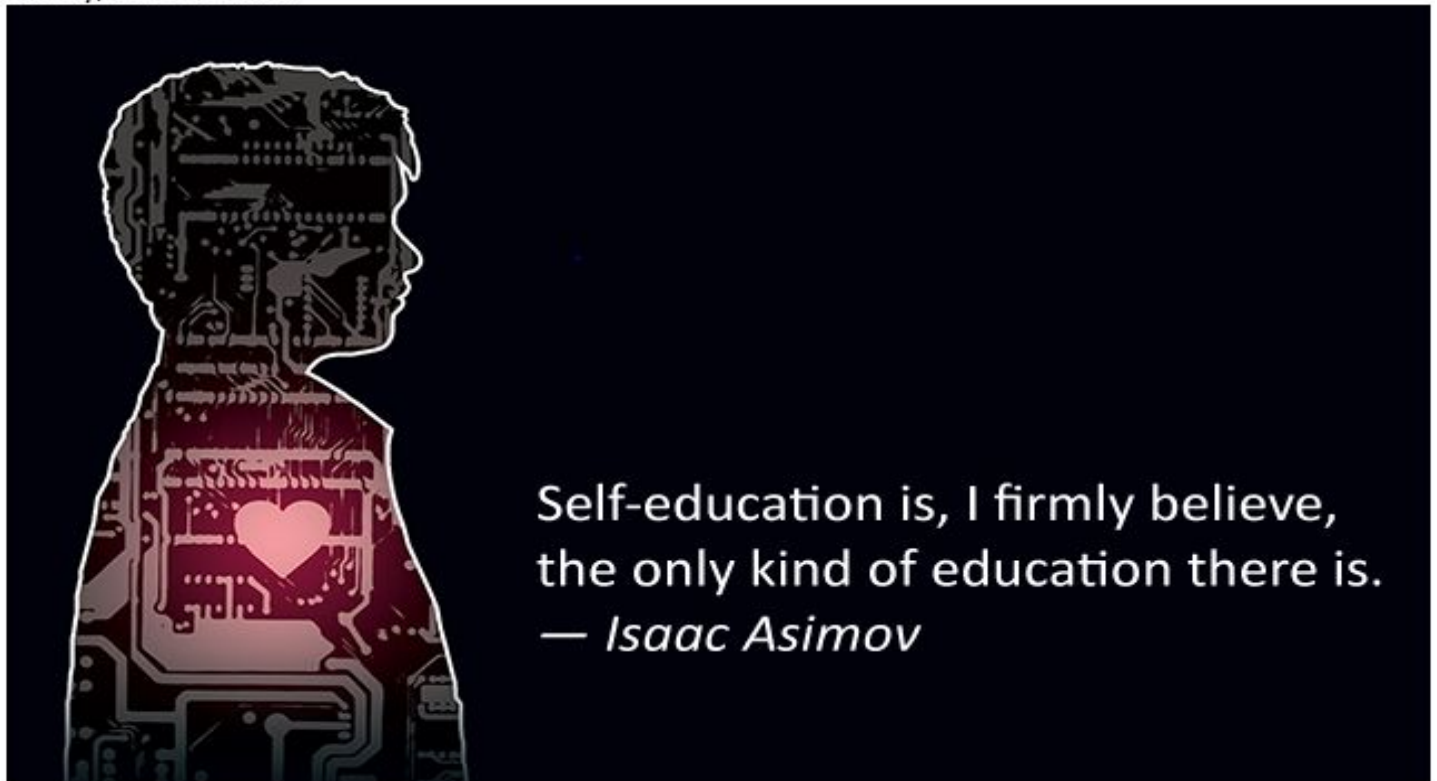


- Free Weekly Lessons
- <http://www.arkansased.gov/divisions/learning-services/alternative-learning-environment/problem-based-learning-pbl-project>

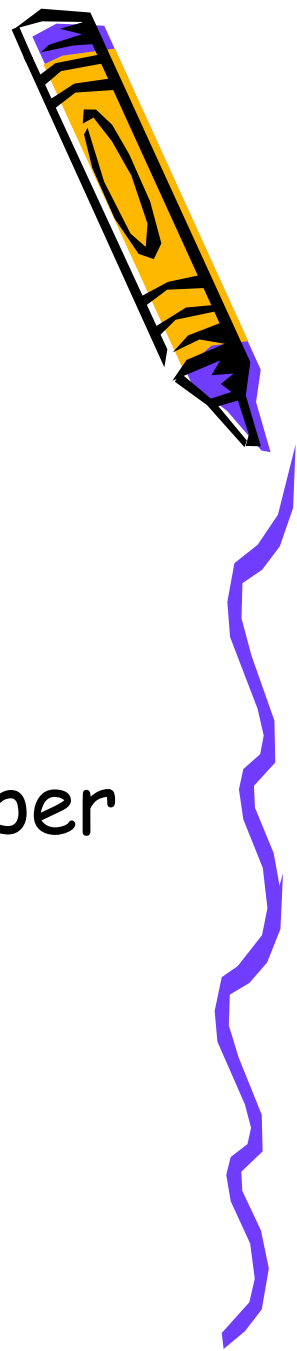


1000s of Free Resources

12 Dozen Places To Educate Yourself Online For Free
The Mind Unleashed
15 July, 2014 at 18:53



Fidget Items Enhance Learning...



- Koosh, Nerfs, wiggly, jiggly, fun
- Lighting
- Welcome Center
- Soft Background Music (60 beats per minute) Guitar or Piano
- Creativity Outlets
- Puzzles, Discovery Toys, Building Items, STEM, K-Nex, Legos, etc.





SEA Supports

Computer Science	English Language Arts	Fine Arts
Foreign Language	Library Media Services	Math
Physical Education & Health	Science	Social Studies

<http://www.arkansasased.gov/divisions/learning-services/curriculum-and-instruction>



Praise the Positive



- You'll enjoy describing the Great Things
- The interactions are very easy
- The repeat behavior will be that which pleases you, because that is what you taught.



Broken Record, Social Skills



- Following Instructions
 - Look at the person
 - Say O.K.
 - Do the task
 - Check Back



Behavior Tips & Tools



- Crisis Development/Behavior Levels

- 1. Anxiety
- 2. Defensive
- 3. Acting Out Person
- 4. Tension Reduction

- Staff Attitudes/Approaches

- 1. Supportive
- 2. Directive
- 3. Last Resort: Nonviolent Physical Crisis Intervention
- 4. Therapeutic Rapport



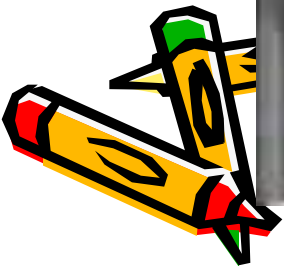
Definitions



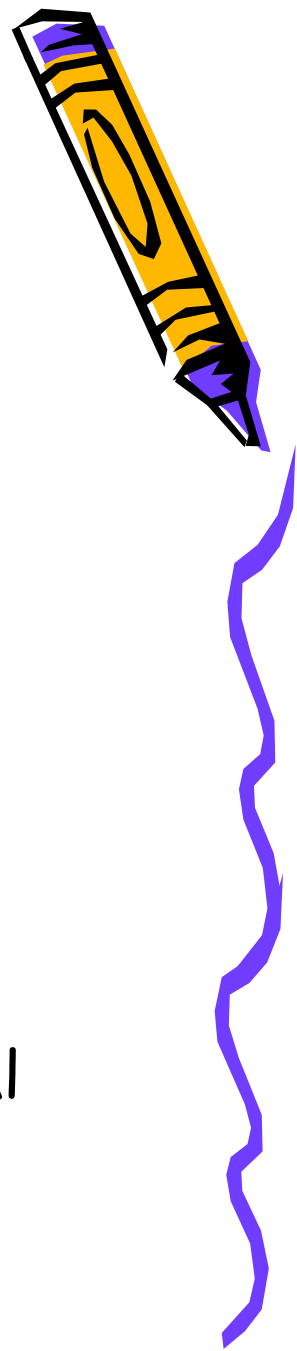
- Tension Reduction- A decrease in emotional and physical energy: regain rationality
- Therapeutic Rapport- Reestablish communication, rebuild relationship; recap, learn from mistakes



Understand Why From Their Perspective



Verbal Intervention Definitions



- Questioning

- A. Info Seeking
- B. Challenging

- Intervention

- A. Answer Questions
- B. Keep Focus, Redirect to Real Issue



Verbal Intervention Definitions



- Release- High energy output VENTING
- Intervention-
 - Allow venting
 - Isolate
 - Protect Dignity
 - Listen for REAL message



Verbal Intervention Definitions



- Intimidation- THREATS
- Intervention-
 - Seek Assistance
 - Take it seriously
 - Hands Off!!!
 - Document



Verbal Intervention Definitions



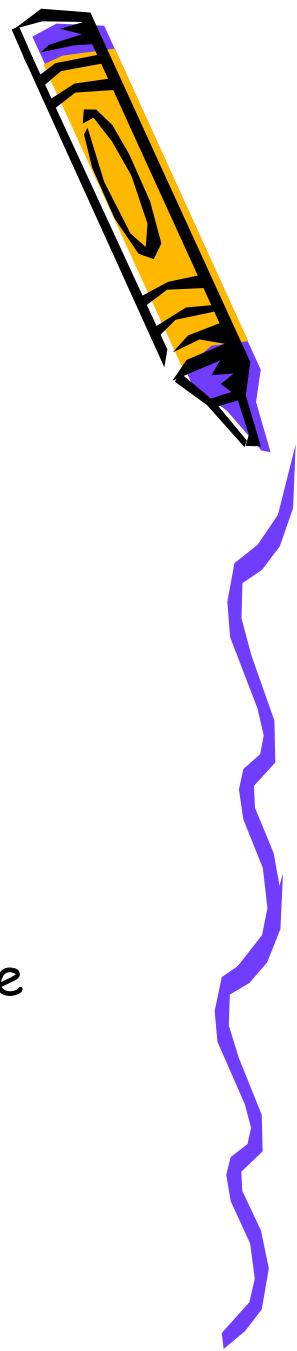
- Tension Reduction- Emotional and physical energy regains rationality
- Intervention- Reestablish Communication & Rebuild Relationships



Be Creative:
Their Futures are in Our
Hands!



Verbal Intervention Tips and Techniques



- Do

- Remain Calm
- Isolate the Situation
- Enforce Limits
- Listen
- Be aware of nonverbals
- Be consistent

- Don't

- Over React
- Power Struggle
- False Promises
- Fake Attention
- Threaten
- Use Jargon
- Get Physical
- Argue / Raise Voice
- Give Ultimatums
- Use Threats
- Turn your back



It's not always the tools,
it is how you use them...

