

You Do the Math

Experts inform us that **one out of every ten** students in a “typical” middle and high school is clinically or situation depressed. If you feel you work in a “typical” school, please join me in doing the math:

1. The number of students in your school divided by 10 = _____
2. The number of depressed students divided by 5 = _____
(the number of depressed students getting treatment)
3. Subtract the number of students getting treatment from the number of depressed students you listed in item number 1. _____
4. The probable number of depressed students in your school **NOT** getting treatment is _____. (same # on line 3)

What is the impact on your school and community?

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- It is estimated that depression increases the risk of a first suicide attempt by at least 14—fold
- Over half of all kids who suffer from depression will eventually attempt suicide at least once, and more than 7% will die as a result.
- Source: American Psychiatric Assoc.